

KZK Clubkmp 2026: Session: 1: COACH evaluation sheet for TEAM: KZK

Coachinfo: Warming up from: 08:00 untill 08:50.

Teamleadmeeting @

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 800M FREESTYLE WOMEN 13+							Heat:1, starttime: 10:00	
Heat: 1/4 Lane : 5 Athlete: DUMORTIER ELISE							Q-time: 11:25:00	
PB (50m pool):			PB (25m pool): No time SB:				Antwerpen 12/10/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN 13+							Heat:1, starttime: 10:00	
Heat: 1/4 Lane : 6 Athlete: ZEPHIRIN ASTRID							Q-time: 11:03:00	
PB (50m pool):			PB (25m pool): No time SB:				Temse 21/12/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN 13+							Heat:2, starttime: 10:12	
Heat: 2/4 Lane : 6 Athlete: VERMAUT CELINE							Q-time: 10:37:05	
PB (50m pool): 10:37.05 Kortrijk 1 May 2025			PB (25m pool): 10:15.73 SB:				Maastricht 30/12/2025	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	35.46	1:14.03	1:53.96	2:33.71	3:13.76	3:54.05	4:34.60	5:14.49
	35.46	38.57	39.93	39.75	40.05	40.29	40.55	39.89

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	5:55.03	6:35.46	7:15.71	7:56.74	8:37.68	9:18.20	9:58.31	10:37.05
	40.54	40.43	40.25	41.03	40.94	40.52	40.11	38.74

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Event number: 1: 800M FREESTYLE WOMEN 13+							Heat:2, starttime: 10:12	
Heat: 2/4 Lane : 6 Athlete: VERMAUT CELINE							Q-time: 10:37:05	
PB (50m pool): 10:37.05 Kortrijk 1 May 2025			PB (25m pool): 10:15.73SB: Maastricht 30/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	35.46	1:14.03	1:53.96	2:33.71	3:13.76	3:54.05	4:34.60	5:14.49
	35.46	38.57	39.93	39.75	40.05	40.29	40.55	39.89

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	5:55.03	6:35.46	7:15.71	7:56.74	8:37.68	9:18.20	9:58.31	10:37.05
	40.54	40.43	40.25	41.03	40.94	40.52	40.11	38.74

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN 13+							Heat:3, starttime: 10:23	
Heat: 3/4 Lane : 3 Athlete: DECUPERE LAURENCE							Q-time: 10:07:01	
PB (50m pool):			PB (25m pool): No time SB:					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:34	
Heat: 4/4 Lane : 3 Athlete: FEYS FARAH							Q-time: 09:53:78	
PB (50m pool):			PB (25m pool): No time SB:					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								

Coach feedback:

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Event number: 1: 800M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:34	
Heat: 4/4 Lane : 4 Athlete: DECOUTERE IMANI							Q-time: 09:37:35	
PB (50m pool): 10:05.16 Antwerpen 21 Jul 2024				PB (25m pool): 9:28.39 SB: Antwerpen 12/10/2025				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	32.01	1:08.10	1:44.89	2:22.20	2:59.69	3:38.42	4:16.50	4:55.56
	32.01	36.09	36.79	37.31	37.49	38.73	38.08	39.06

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	5:34.00	6:13.32	6:52.07	7:31.02	8:09.63	8:48.46	9:27.12	10:05.16
	38.44	39.32	38.75	38.95	38.61	38.83	38.66	38.04

Coach feedback:

Event number: 1: 800M FREESTYLE WOMEN 13+							Heat:4, starttime: 10:34	
Heat: 4/4 Lane : 4 Athlete: DECOUTERE IMANI							Q-time: 09:37:35	
PB (50m pool): 10:05.16 Antwerpen 21 Jul 2024				PB (25m pool): 9:28.39 SB: Antwerpen 12/10/2025				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	32.01	1:08.10	1:44.89	2:22.20	2:59.69	3:38.42	4:16.50	4:55.56
	32.01	36.09	36.79	37.31	37.49	38.73	38.08	39.06

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	5:34.00	6:13.32	6:52.07	7:31.02	8:09.63	8:48.46	9:27.12	10:05.16
	38.44	39.32	38.75	38.95	38.61	38.83	38.66	38.04

Coach feedback:

Event number: 2: 1500M FREESTYLE MEN 13+							Heat:1, starttime: 10:45	
Heat: 1/3 Lane : 3 Athlete: OLSZEWSKI MAXIME							Q-time: 20:23:00	
PB (50m pool):			PB (25m pool): No time SB: Gent 09/11/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

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	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								

	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB								

	1 2 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M	
PB							
	

Coach feedback:

Event number: 2: 1500M FREESTYLE MEN 13+Heat:2, starttime: 11:06

Heat: 2/3 Lane : 4 Athlete: PICEU SEPPEQ-time: 18:20:38

PB (50m pool): 18:20.38 Antwerpen 19 Jul 2025PB (25m pool): 18:20.86 SB: Nijlen 16/11/2025

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	31.80	1:08.50	1:44.97	2:22.07	2:58.87	3:36.18	4:13.40	4:50.76
	31.80	36.70	36.47	37.10	36.80	37.31	37.22	37.36

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	5:28.02	6:05.59	6:42.47	7:19.46	7:56.40	8:33.58	9:10.33	9:47.18
	37.26	37.57	36.88	36.99	36.94	37.18	36.75	36.85

	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	10:24.19	11:00.78	11:37.44	12:14.31	12:51.41	13:28.44	14:05.45	14:42.68
	37.01	36.59	36.66	36.87	37.10	37.03	37.01	37.23

	1 2 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M	
PB	15:19.72	15:56.64	16:33.25	17:09.80	17:45.53	18:20.38	
	37.04	36.92	36.61	36.55	35.73	34.85	
	

Coach feedback:

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Event number: 2: 1500M FREESTYLE MEN 13+							Heat:2, starttime: 11:06	
Heat: 2/3 Lane : 5 Athlete: THUYLIE VIC							Q-time: 18:48:87	

PB (50m pool):				PB (25m pool): No time SB:				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								

	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB								

	1 2 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M	
PB							
	

Coach feedback: